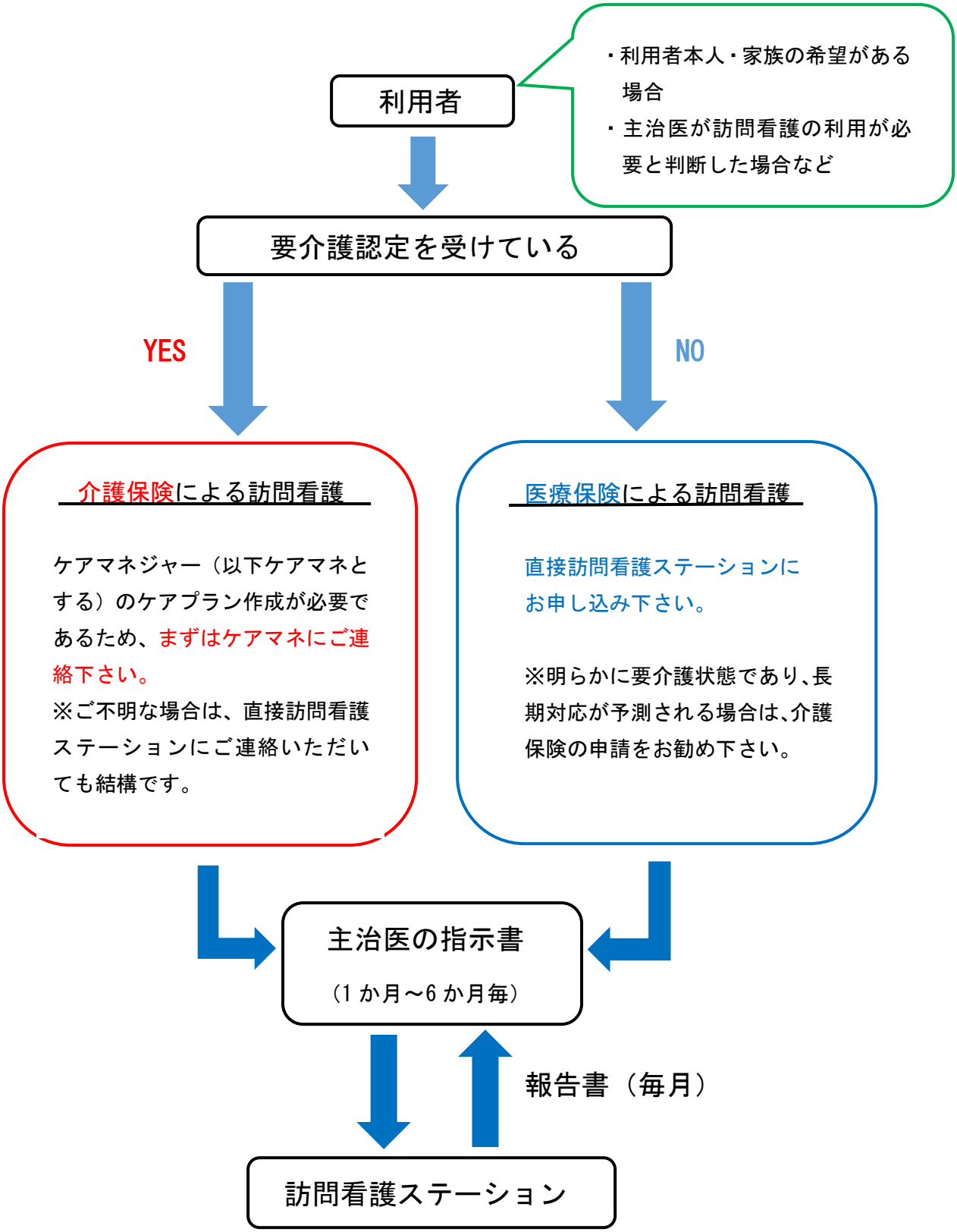訪問看護サービス開始までの流れ